

## Why should I attend?

For the TCM practitioner, when treating a musculoskeletal pain, understanding the location of where a proximal nerve compression site is decreasing the healing potential to injury is important for successful clinical outcomes.

We will assess and treat many different nerve entrapment sites that can affect pain patterns in the head, neck and upper extremity.

We will cover:

- Lower cervical and lower lumbar spinal nerve compression
- Cervicogenic headache pain generators, thoracic outlet syndrome, radial, ulnar and median nerve compression sites affecting elbow, forearm and hand pain patterns.
- Cluneal nerve entrapment and low back pain, common peroneal nerve entrapment that can mimic sciatica, nerve entrapment affecting plantar fasciitis and more!



Venue: Australian Shiastu College  
103 Evans Street  
Brunswick 3056

Date: 12th - 14th August 2022

Times: 9:30am - 5:30pm

CPD: 19.5 Points (Interactive)

## Prices:

### \*EARLY BIRD SPECIAL

Professional Assoc. Member Rate: \$ 950  
Student (Full time - undergraduate): \$ 850

### REGULAR PRICE

Professional Assoc. Member Rate: \$ 1000  
Student (Full time - undergraduate): \$ 950

\*Early Bird: Full payment is required 4 weeks prior

\*Registrations cancelled up to one week prior to the seminar will be refunded less 20%. We regret that refunds are not otherwise possible.

To minimise the risk of COVID-19 in our community, it is a requirement for anyone attending the workshop to be **fully vaccinated**.

Contact us to register:

### CHINA BOOKS

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# Nerve Entrapment Syndromes and The Binding Regions of TCM

PRESENTED BY

Matt Callison

3 DAY WORKSHOP

12TH - 14TH AUGUST 2022



## Course outline:

### Day 1:

- Introduction to nerve entrapments
- Axoplasmic flow
- The binding regions of TCM
- Assessment and treatment (A&T) techniques for the acupuncturist
- A&T of Lower cervical spondylosis
- A&T Cervicogenic headaches from nerve entrapments

### Day 2:

- Brief review
- A&T of thoracic outlet syndrome
- A&T Radial, ulnar and median nerve compression sites

### Day 3:

- Brief review
- A&T of cluneal nerve entrapment affecting low back pain
- Common peroneal nerve entrapment mimicking sciatica
- Nerve compression contributing to plantar fasciitis, heel pain and toe pain

Due to the hands on nature of this workshop spots are **limited**. Participants will have plenty of time to practice the techniques learned under mentorship. There will be many useful and immediately applicable techniques demonstrated and practiced throughout the workshop.

## What you will learn:

In this 3 day workshop, we will discuss anatomical regions that predispose spinal and peripheral nerves toward compression. Often from a narrowed tunnel or due to a thickening of an overlying myofascial structure, nerve compression can decrease the nerve's potential to nourish the innervated tissue. Traditionally, as discussed in Chapter 13 of the Ling Shu, "binding regions" are areas in the sinew channels that are susceptible to stagnation of qi and blood. In other words, nerve compression can affect the axoplasmic flow and nerve conduction, in which nerve entrapment sites can act as silent contributors to injury.

At the end of this workshop you will be able:

- To assess and differentiate if nerve compression is creating or contributing to the patients pain pattern
- To learn how to treat nerve compression with advanced needle and myofascial techniques.

## Testimonials from past attendees:

*Matt Callison is really doing an exceptional job of elevating Chinese medicine and its relevance in medicine today. The material is dense, but you come away with so many practical tools to apply.*

**C. DAVIS (CANADA)**

*Matt's knowledge of both the TCM and the Western anatomy give an expanded outlook to needling technique. The anatomy videos were extremely helpful and also the testing techniques*

**E. KENDALL (UNITED STATES)**

*Really great stuff. The videos, cadavers, graphics, images were all very helpful and relevant.*

**J. MEIOFF (UNITED STATES)**

## About Matt:

Matt Callison's unique ability to blend Chinese Medicine with Sports Medicine for over 25 years is demonstrated by his excellent reputation. This is particularly evident in his educational course "Sports Medicine Acupuncture Certification Program," which is attended by acupuncturists worldwide. Mr. Callison has had a clinical practice for over 26 years and is well known for developing innovative and successful treatment protocols for musculoskeletal injury. He has published many articles including a clinical study on acupuncture and tibial stress syndromes (shin splints) as well as an article on Sports Related Muscle Tension Headaches in the *Journal of Chinese Medicine*.

Mr. Callison is the creator of the *Motor Point and Acupuncture Meridian Chart* as well as the author of three publications, *The Motor Point Manual*, *Motor Point Index* and *Sports Medicine Acupuncture*.

Matt Callison earned his Bachelor's degree in Physical Education/Sports Medicine in 1985. He worked in the Sports Medicine field at Alvarado Sports Medicine clinic in San Diego and Scripps Hospital in La Jolla, CA for six years. In 1991, Mr. Callison received his Master's Degree in Traditional Oriental Medicine from Pacific College of Oriental Medicine, where the class he developed, "Treatment of Orthopedic Disorders," is still being taught.

